

12.00	100M	U14	Record	0.0						
1A	aniyah comrie	13.62	Z				6			
2A	VANESSA VEDRICKIENE	13.80	E							5
3A	Hannah Hinds	13.91	L			4				
4A	PHOEBE ARCHER	14.15	O					3		
5A	Elizabeth Heatlie	14.32	K		2					
6A	.									
1B	Isabela Garcia-Kononczuk	14.21	LL			6				
2B	LOLA GOATLEY	14.23	EE							5
3B	zarina clarke	14.34	ZZ				4			
4B	MABEL CRINNION(*)	14.61	OO					3		
5B	Wai Sze Shum	15.67	KK		2					
6B	Alice-Jane Pezet	15.77	SS							1
12.20	100M	U16	Record	0.0						
1A	sasha nolan	12.77	Z				6			
2A	AMBER WHITELOCK	13.08	E							5
3A	Olivia Morris	13.73	L			4				
4A	Elo Osoro	13.74	S						3	
5A	Serena Yeow	14.27	K		2					
6A	.									
1B	Aisha Jones-Aryeh	13.03	ZZ				6			
2B	MEGAN HERRETT	13.53	EE							5
3B	Dalia Ilieva	14.49	KK		4					
4B	Summer-Rose Francis	14.52	SS						3	
5B										
6B										
12.40	100M	U18	Record	0.0						
1A	AVA SPACKMAN	13.17	E							6
2A	hannah hutchinson	13.17	Z				5			
3A	Lois English	13.67	L			4				
4A	Zara Hughes	14.11	S						3	
5A										
6A	.									
1B										
2B										
3B										
4B										
5B										
6B										

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1.40 1500M U16		Record	0.0						
1A	Isabela Stanton	5.03.28	l		6				
2A	Rachel Gibson	5.25.01	z			5			
3A	Zoe Chauhan	5.39.03	k	4					
4A	FRANCESCA ALLUM	5.47.13	e						3
5A									
6A									
1B	Gabriella Booth	5.14.65	ll		6				
2B									
3B									
4B									
5B									
6B									
1.50 1500M U18		Record	0.0						
1A	Zoe Davis	5.06.55	l		6				
2A	Gracie Brough	5.15.88	s					5	
3A	IZZY WILSON	5.19.05	e						4
4A		0 5.25.14	oo				3		
5A									
6A									
1B	Nesreen Medjaoud	5.29.56	ll		6				
2B	Marnie Crompton	5.42.91	ss					5	
3B									
4B									
5B									
6B									
2.00 300M Hurdles U16		Record	0.0						
1A	Florence Tombleson	51.70	ll		6				
2A	IRIS OSIKOYA	53.53	e						5
3A	Polly Bright	54.71	k	4					
4A									
5A									
6A									
1B	Lara Jones	52.17	l		6				
2B	GEORGINA HERRETT	54.02	ee						5
3B									
4B									
5B									
6B									

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2.10	200M	U14	Record	0.0						
1A	VANESSA VEDRICKIENE		28.93	e						6
2A	aniyah comrie		29.25	z			5			
3A	Emily Laurencik		29.88	k	4					
4A	AMY ALI (*)		30.39	oo				3		
5A	Annelina Hedberg-Ward		33.72	l		2				
6A										
1B	Isla Errington		29.63	ll		6				
2B	LOLA GOATLEY		29.86	ee						5
3B	Elizabeth Heatlie		30.13	kk	4					
4B	AMY ALI (*)		30.42	oo				3		
5B		0	34.80	zz			2			
6B										
2.30	200M	U16	Record	0.0						
1A	Aisha Jones-Aryeh		26.07	z			6			
2A	AMBER WHITELOCK		26.66	e						5
3A	Emily Wasley		28.58	k	4					
4A	Olivia Morris		28.80	l		3				
5A	Elo Osoro		29.39	s					2	
6A										
1B	MEGAN HERRETT		27.18	ee						6
2B	arielle macintyre		29.25	zz			5			
3B	Summer-Rose Francis		30.47	ss					4	
4B	Lois Ezikor		31.67	ll		3				
5B										
6B										
2.50	200M	U18	Record	0.0						
1A	AVA SPACKMAN		26.70	e						6
2A	BLUEBELLE HILLS (*)		26.97	o				5		
3A	Lois English		28.42	l		4				
4A	Imara Elem-Kazunga		28.93	s					3	
5A	Lula-Rose Civiero		32.33	k	2					
6A										
1B	HEATHER KING		27.32	ee						6
2B	Mika Smith		30.78	ll		5				
3B										
4B										
5B										
6B										

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3.10		800M	U14	Record	0.0						
1A	ELOISE ROCKHOLD	2.36.05	o					6			
2A	Ava Gidaracos	2.36.26	k		5						
3A	poppy mack	2.37.37	z				4				
4A	Imogen Sone	2.45.84	ll			3					
5A	Amelia Price	2.55.53	kk		2						
6A	ELIZA GRAY	2.56.42	e								1
1B	IMOGEN SNAITH (*)	2.41.21	oo					6			
2B	Maidred Hamilton_Gowley	2.44.83	zz				5				
3B	Polly Flynn	2.49.43	l			4					
4B	ELLEN HARRILD	3.01.45	ee								3
5B											
6B											
3.25		800M	U16	Record	0.0						
1A	Maya Davidkova	2.26.59	kk		6						
2A	Serene-Rose Johnson-Smith	2.30.29	l			5					
3A	HANIA BARRETT	2.42.87	e								4
4A	emma johnson	2.45.03	z				3				
5A											
6A											
1B	Alana Garrard	2.27.40	k		6						
2B	Florence Tombleson	2.50.83	ll			5					
3B	ABIGAIL SACEWICZ	3.09.45	ee								4
4B	emma johnson	3.18.82	zz				3				
5B											
6B											
3.40		800M	U18	Record	0.0						
1A	India Kaur	2.35.48	s							6	
2A	Darcey-Mae Booth	2.41.06	ll			5					
3A	LUCY MOLDEN	2.45.21	e								4
4A											
5A											
6A											
1B	AMELIA GODDING	2.46.43	ee								6
2B	Nesreen Medjaoud	2.47.05	l			5					
3B	Tallulah France	3.04.88	ss							4	
4B											
5B											
6B											

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4.10 4 X 100M U14			Record	0.0						
1A	H.Hines I.Garcia Kononczuk, A./	57.01	l			6				
2A	1 X A TEAM	57.58	e							5
3A	Emily Laurencik, Ava Gidaracos	57.73	k		4					
4A	0	60.84	z				3			
5A	PHOEBE ARCHER, IMOGEN VAL	61.45	o					2		
6A	Alice-Jane Pezet, Rose Gazzello	63.00	s						1	
1B	1 X B TEAM	61.40	ee							6
2B	I.Errington A.Hedbery-Ward L.C	62.47	ll			5				
3B	Jessica Stephens, Amelia Price,	63.70	kk		4					
4B										
5B										
6B										
4.25 4 X 100M U16			Record	0.0						
1A	0	51.20	z				6			
2A	1 X A TEAM	53.40	e							5
3A	O.Morris L.Ezikor L.Jones M.Ho	58.93	l			4				
4A	Polly Bright, Amy Germond, Al	60.01	k		3					
5A										
6A										
1B	1 X B TEAM	56.14	ee							6
2B	0	57.19	zz				5			
3B	O.Adu A.Albutt L.Jones F.Shade	59.44	ll			4				
4B										
5B										
6B										
4.40 4 X 100M U18			Record	0.0						
1A	1 X A TEAM	53.34	e							6
2A	M.Smith L.English L.Tomassi D-	61.98	l			5				
3A										
4A										
5A										
6A										
Finals only 4 x 100m U17B										
1B										
2B										
3B										
4B										
5B										
6B										

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12.00 Javelin U18		Record 0.00						
1A	jasmine nkoso	27.01 Z			6			
2A	Tia Garrard	26.23 K	5					
3A	Alexandra Paraskeva-Alaskar	22.00 S					4	
4A	AMELIA GODDING	10.67 E						3
5A								
6A								
.		.						
1B	Molly Irwin	9.07 KK	6					
2B								
3B								
4B								
5B								
6B								
12.30 Discus U14		Record 0.00						
1A	Lara Damo	16.48 L		6				
2A	Elizabeth Parocks	15.90 Z			5			
3A	VANESSA VEDRICKIENE	14.33 E						4
4A	Evie Burton-Smith	14.29 SS					3	
5A	Alicja Frye	10.06 K	2					
6A								
.		.						
1B	ANNABEL KEENAN	13.21 EE						6
2B	Amelie-Grace Allotey	12.21 LL		5				
3B	Freya Farag	7.85 S					4	
4B								
5B								
6B								
1.00 Long Jump U14		Record 0.00						
1A	Hannah Hines	4.41 l		6				
2A	Emily Laurencik	4.34 k	5					
3A	Alessandra Gustyte-Mele	4.03 s					4	
4A	AVA WHYTE(*)	3.82 o				3		
5A	LOLA GOATLEY	3.52 ee						2
6A	Leila McFarlande	3.23 z			1			
.		.						
1B	Isabela Garcia-Kononczuk	3.60 ll		6				
2B	Alexis Barry	3.50 ss					5	
3B	MABEL CRINNION(*)	3.34 oo				4		
4B	MABEL CHAPMAN-CAVANAGH	3.23 e						3
5B	Amelia Price	3.15 kk	2					
6B	Maidred Hamilton Gowley	2.96 zz			1			

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1.00 Shot Put U16		Record 0.00					
1A	jaliyah goulbourne	10.44 z			6		
2A	ELLA QURAIISHI	7.39 ee					5
3A	Lilly Bell	7.12 l		4			
4A	Maya Davidkova	6.48 kk	3				
5A	Leah Korzecka	5.35 s				2	
6A	.	.					
1.00 Shot Put U18		Record 0.00					
1A	0	15.87 z			6		
2A	Tia Garrard	11.05 k	5				
3A	Alexandra Paraskeva-Alaskar	9.06 s				4	
4A	AMELIA GODDING	6.58 e					3
5A	Darcey-Mae Booth	6.20 l		2			
6A	.	.					
1B	GRACE CULLEY	6.08 ee					6
2B	Grace Sone	5.47 ll		5			
3B							
4B							
5B							
6B							
no event Match 1		Record					
1A							
2A							
3A							
4A							
5A							
6A							
no event Match 2		Record					
1B							
2B							
3B							
4B							
5B							
6B							

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1.30 High Jump U16		Record 0.00						
1A	Lara Tombleson	1.48 l		6				
2A	Alana Garrard	1.45 kk	5					
3A	ISLA MORRISON	1.40 o			4			
4A	FLORENCE HORN	1.20 e						3
5A								
6A								
								3
1.30 High Jump U18		Record 0.00						
1B	Ellie Archer	1.48 ll		6				
2B	Polly Bright	1.35 k	5					
3B	MEGAN HERRETT	1.20 ee						4
4B								
5B								
6B								
								6
1.30 High Jump U18		Record 0.00						
1A	AMY GOODWIN	1.40 e						6
2A								
3A								
4A								
5A								
6A								
								15
1B								
2B								
3B								
4B								
5B								
6B								
								21
2.15 Long Jump U16		Record 0.00						
1A	emile debarres	5.35 zz			6			
2A	AVA WEGOREK	4.24 e						5
3A	Maya Davidkova	4.23 k	4					
4A	Matilda Houghton	4.13 l		3				
5A	Michelle Slavenschi	3.43 s					2	
6A								
								1
1B	sasha nolan	5.13 z			6			
2B	IRIS OSIKOYA	4.18 ee						5
3B	Lara Jones	3.95 ll		4				
4B	Grace Wild	3.41 kk	3					
5B								
6B								
								3

2.15 Long Jump U18		Record 0.00						
1A	Tia Garrard	5.49 k	6					
2A	Sophia McCart	5.09 s				5		
3A	AMY GOODWIN	4.56 e						4
4A	Beatrice Fottrell	3.98 l		3				
5A	safia bouriche	3.54 z			2			
6A	.	.						
2.45 Shot Put U14		Record 0.00						
1A	SKYLER AGNEW	6.91 e						6
2A	Hannah Hines	6.90 l		5				
3A	Evie Burton-Smith	5.95 ss						4
4A	Mollie Macmillan	5.11 k	3					
5A	.	.						
6A	.	.						
1B	Lara Damo	6.85 ll		6				
2B	Freya Farag	4.20 s						5
3B	ELLA RUNC	3.70 ee						4
4B	.	.						
5B	.	.						
6B	.	.						
3.00 Discus U16		Record 0.00						
1A	Jalayah Goldbourne	22.53 z			6			
2A	Michelle Slavenschi	13.93 s						5
3A	GEORGINA HERRETT	13.77 ee						4
4A	Jenna James	13.36 l		3				
5A	Grace Wild	12.90 k	2					
6A	.	.						
1B	0	21.23 zz			6			
2B	Leah Korzecka	12.56 ss						5
3B	LARA TSOLO	11.28 e						4
4B	Gabriella Booth	8.89 ll		3				
5B	.	.						
6B	.	.						

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3.00 Discus U18			Record 0.00							
1A	Lula-Rose Civiero	17.91 kk	6							
2A	GRACE CULLEY	13.47 ee								5
3A	Grace Sone	11.36 l		4						
4A										
5A										
6A										6
1B	Molly Irwin	15.59 k	6							
2B	HEATHER KING	12.18 e								5
3B	Zoe Davis	8.60 ll		4						
4B										
5B										
6B										6
no event Match 1			Record							
1A										
2A										
3A										
4A										
5A										
6A										21
1B										
2B										
3B										
4B										
5B										
6B										21
TOTALS			184	300	179	60	118	307		575
										1147

Result

Kingston & Poly	K	183.5
South London H.	L	300
Herne Hill H	Z	178.5
Holland Sports	O	60
Sutton & District	S	118
Epsom & Ewell H.	E	307